

August 2008

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Sigma Kappa News

Welcome

Even though there is no major holiday in August, it is a wonderful time to celebrate the sisterhood that binds us all by recognizing National Sisters' Day. Make a special sister feel important with a gift, a note, or an e-card this month. Express how valuable her friendship has been to you over the years and how much you appreciate her. What a perfect opportunity to reflect on what Sigma Kappa means to you, as well.

Welcome to our newest *Virtual Violet* subscribers, and thank you to all subscribers who enjoy *Virtual Violet* every month.



Simply Sisterhood

Simply Sisterhood has been steadily growing! Don't forget to take a look at the new faces, new couples, and Sigma Kappa sightings.

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Alpha Nu Reunion Coming Up!

Join other Alpha Nu, University of Montana, alumnae from the 1940s through the 1970s for a weekend of fun and friendship this autumn.

Date: September 12-14, 2008

Place: Billings, MT

Contact & for more information: [Dr. Marcella Kocar](#), '59 Alpha Nu

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Alumnae Spotlights

[District I](#) - Rebecca Wehner, *Beta Theta*, Marietta College

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[District II](#) - Michele Hilger, *Kappa Beta*, Grand Valley State University
[District III](#) - Autumn Miller DeWoody, *Theta Epsilon*, University of California, Riverside
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Shop Sigma Kappa

[Shop Sigma Kappa](#) is the official Sigma Kappa licensing program. Shop Sigma Kappa includes all vendors licensed by Sigma Kappa Sorority to provide quality merchandise and services at reasonable prices.



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Thanks for Asking

Where can I find copies of handouts from convention and can I download them?

Of course! Sign in to the For Sisters Only section of the Web site and refer to the COTS/Convention section under the Publications Library tab, or click [here](#). You will find PowerPoints, handouts, and information from the 2008 National Convention.

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Did You Know?

You can browse through the photos taken at the 2008 National Convention by Greekyearbook? You can even order some for yourself. Click [here](#) for the photos.

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Alumnae Spotlight - District I



Rebecca Wehner, *Beta Theta*, Marietta College

Alumnae Chapter: Rochester, New York Alumnae Chapter

Sigma Kappa Volunteer Activities:

- Rochester Alumnae Chapter President
- Panhellenic Advisor, *Theta Pi*, SUNY Geneseo
- Rochester Area Panhellenic Alternate Delegate

Occupation: Assistant to the Deputy Commissioner of Human Services, Monroe County, New York

Education: Bachelor of Arts in Advertising/Public Relations, Minor in TV/Radio, and Certificate in Leadership, Marietta College

Professional/Civic Activities:

- Volunteer for the Alzheimer's Association
- Bivona Child Advocacy Center volunteer

Family:

- Leslie Wehner, mother
- Steve Wehner, father
- Kim Wehner, sister
- Jack and Otto, our two labs

When not doing Sigma Kappa work:

- Watching and playing sports

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- Traveling to see friends and family
- Five year member of the Empire Statesmen Drum and Bugle Corps - color guard
- Judging Winter Guard - New York State Federation of Contest Judges
- Studying for the GMAT and applying to graduate schools

Favorite things:

- Sigma Kappa
- Dancing
- Music
- My friends and family
- Ice cream

Words to live by: "Nothing great was ever achieved without enthusiasm." - Ralph Waldo Emerson

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Alumnae Spotlight - District II



Michele Hilger, *Kappa Beta*, Grand Valley State University

Alumnae Chapter: Chicago West Towns Alumnae Chapter

Sigma Kappa Volunteer Activities:

- Chicago West Towns
 - Alumnae/Collegiate Liaison
 - Public Relations Chairman

Occupation: Sales Associate, Monarch Landing by Erickson Retirement Communities

Education:

- Masters of Business Administration, North Central College
- Bachelor of Science in Health Communications, Grand Valley State University

Professional/Civic Activities:

- Naperville Jaycees
- Young Professionals of the Naperville Chamber of Commerce

Family: Gary and Louise Hilger, parents
Brian Hilger, brother

When not doing Sigma Kappa work:

- Relaxing

Spending time with friends

- Pilates class
- Reading

Favorite things:

- A warm, sunny day with low humidity
- Vacation
- Christmas with my family and friends
- Going to Okoboji in the summer
- Catching up with friends

Words to live by:

"Do what you can with what you have where you are."

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Alumnae Spotlight - District III



**Autumn Miller DeWoody, *Theta Epsilon*,
University of California, Riverside**

Alumnae Chapter: Riverside County, California Alumnae Chapter

Sigma Kappa Volunteer Activities:

- Chapter advisor for Theta Epsilon from 2005-2007
- Riverside County Alumnae Chapter board member from 2005-2008 (managed newsletter, Web site, Yahoo! Groups page, and membership communication)
- Advisory Board Chairman for Theta Epsilon starting in 2008

Occupation: Programs Director for Inland Empire Waterkeeper, a nonprofit water quality organization

Education: Bachelor of Environmental Sciences, emphasis in natural science (2003) and Masters of Science Environmental Sciences (2007), University of California, Riverside

Professional/Civic Activities:

- Chairman of the Board of Trustees for First Congregational Church of Riverside
- UCR Liaison for Riverside Alumnae Panhellenic Association

Family: Husband, Jim

When not doing Sigma Kappa work:

- Backpacking
- Camping

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- Traveling
- Helping friends and family

Favorite things:

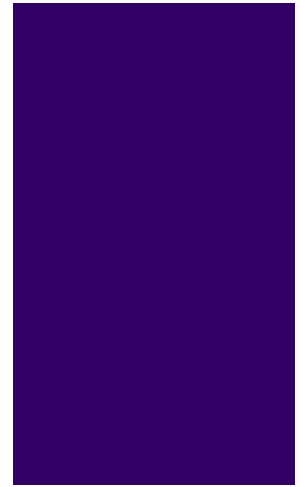
- Getting away from it all
- Exercising
- Doing right by our environment and community

Words to live by:

“Stress is what keeps me upright.”

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Alumnae Spotlight - District IV



Kelly Yelvington Luter, *Gamma Phi*, North Carolina State University

Alumnae Chapter: Raleigh, North Carolina Area Alumnae Chapter

Sigma Kappa Volunteer Activities:

- Secretary, Gamma Phi House Corporation Board
- Treasurer and member, Raleigh Area Alumnae Chapter

Occupation: Full Time Mom, plus day-to-day manager of our family Black Angus Cattle Farm operation

Education: Bachelor of Arts in Speech Communication, North Carolina State University

Professional/Civic Activities:

- Moderator of the Women's Morning Circle, Oakland Presbyterian Church, Clayton, NC
- Vice Regent, Smith - Bryan Chapter, Daughters of the American Revolution, Johnston Co, NC
- Board member, Cleveland Aquatic Center, Clayton, NC
- Volunteer Johnston County Heritage Center, Smithfield,

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- Chief Judge, Cleveland FVD Poll Johnston County Board of Elections
- Member and former Vice President Johnston County Beef Producers Association

Family:

- Husband, Bret
- Son, Thomas, age 5
- Dog, Gunther, a German Shepherd

When not doing Sigma Kappa work:

- Spending time with family
- Traveling
- Long weekends at the beach

Favorite things:

- Family time
- Reading
- Wonderful dinners
- Being outdoors

Words to live by:

“The U.S. Constitution doesn't guarantee happiness, only the pursuit of it. You have to catch up with it yourself.” - Benjamin Franklin

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Alumnae Spotlight - District V



Jennifer Dyer Helton, *Alpha Theta*, University of Louisville

Alumnae Chapter: Greater Louisville, Kentucky Alumnae Chapter

Sigma Kappa Volunteer Activities:

- Greater Louisville Alumnae
 - President (2004-present)
 - VP of Finance (2004-present)
 - Web designer and webmaster (2004-2006)
 - Triangle Correspondent (2004-2006)
 - VP of Programming (2002-2004)
 - Zeta Alpha Chapter Advisor (2003-present)

Occupation: Director of Sponsorship & Communications for the National Association of Equipment Leasing Brokers (under association management of FSA Group)

Education:

- Master of Tourism Administration, Events & Marketing Management concentration - The George Washington University, Washington D.C. (graduating May 2009)

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Bachelor of Arts in History and Bachelor of Arts in
French - University of Louisville

Professional/Civic Activities:

- Meeting Professionals International (MPI)

Family:

- Son, Gavin Grey, 2 years old
- Boyfriend, Jeff
- Doberman, Kaila
- Two Cats, Pesto and Figaro

When not doing Sigma Kappa work:

- Schoolwork
- Girls' Night Out Club
- Yoga (during lunchtime at work)

Favorite things:

- Family
- Coffee
- Watching useless TV
- Shopping
- Reading books and singing songs to son
- Planning trips
- Getting a massage or pedicure

Words to live by:

"I know that you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant."

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